Uttar Pradesh Rajarshi Tandon Open University, Prayagraj Assignment: December 2026 B.Sc. Human Nutrition	
Session: 2026-2027	**Max. Marks: 30**
Ability Enhancement Compulsory Courses - Semester: 2nd **Program Name: Ability Enhancement Course in Health & Hygiene**	
Course Code: AECHH	**Course Name: Health & Hygiene**

SECTION- A				**2*6=12 marks**
Q. No.	**Short answer type question (approx. 200-300 words)**	**Marks**	**Mapped CO**	**Category**
1.	How do we treat basic hygiene problems?	**2**	1, 3, 5	**Remembering & understanding**
	Short answer type question (approx. 200-300 words)			
2.	Explain the importance of maintaining good health?	**2**	1, 5	**Remembering & understanding**
	Short answer type question (approx. 200-300 words)			
3.	What are the various approaches to Hygiene?	**2**	5	**Remembering & understanding**
	Short answer type question (approx. 200-300 words)			
4.	What are the various levels of health care?	**2**	1, 5	**Remembering & understanding**
	Short answer type question (approx. 200-300 words)			
5.	Provide a brief description of community health work	**2**	5	**Remembering & understanding**
	Short answer type question (approx. 200-300 words)			
6.	What do you understand by Community Health?	**2**	1,5	**Remembering & understanding**
SECTION- B				**6*3=18 marks**
	Long answer type question (approx. 500-800 words)	**Marks**	**Mapped CO**	**Category**
7.	What are the various health related problems in India?	**6**	1, 5	**Analyzing & understanding**
	Long answer type question (approx.			

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	500-800 words)			
8.	Compare the traditional and modernized understanding of health and hygiene.	**6**	1, 5	**Analyzing & understanding**
	Long answer type question (approx. 500-800 words)			
9.	In what ways do community health workers engage with communities to address health and hygiene issues? Give example.	**6**	1, 3, 4, 5	**Analyzing & understanding**

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